

Louise Westerhout CV

<https://louisewesterhout.com/>

Louise (she/they) is a queer, disabled artist based in Cape Town, SA. They are a performance artist, curator, writer, activist, therapist, educator, Reiki Master, Yogi. Their work is dedicated to exploration on themes of illness, body, consciousness, posthumanism, anti-speciesism, misogyny, trauma and healing, social justice/environmental activism. They hold a BA (Hons) in African Studies /Anthropology, UCT.

December 2024 featured artist at Beyond DisDance Festival, Cyprus.

Sept-Oct 2024 participant in Imminent and Eminent Ecologies, FADA Gallery, University of Johannesburg. Multimedia solo piece entitled Capitalist Machine. Curated by Dr Brenton Maart, Dr Leora Farber-Blackbeard

<https://www.viad.co.za/imminent-and-eminent-ecologies-bda>

Review

<https://mg.co.za/friday/2024-10-04-im-not-someone-you-can-pity/>

Link to Work

<https://www.instagram.com/capitalist.machine?igsh=YWVqc2hqa3Rza3Bv>

September 2024 Guest lecturer at Royal College of Music Stockholm, facilitating workshops on Gender and Disability Justice, and Consent and Accountability.

September 2024 essay "Exposure, Consent and Accountability: Considerations for those Making, Watching or Curating Live Art about Gender Based Violence and Abuse" published in "Portals into Praxis" a Live Art Arcade Publication, edited by Gavin Krastin

<https://liveartarcade.co.za/portals-into-praxis/>

August 2024 guest lecturer presenting seminars on Gender and Disability Justice, and Consent and Accountability at UJ Art Therapy Department.

Jan- Dec 2024 University of Johannesburg Artist in Residence and Researcher.

<https://www.viad.co.za/louise-westerhout-ra>

November 2023 unclear live streamed solo performance at Infecting the City, Cape Town. ICA/UCT

<https://artthrob.co.za/2023/12/07/the-walking-cure-infecting-the-city-2023/>

May 2023 **unclear** live performance at SCAR Hair Salon.

On the transgressive nature of unclear

<https://klyntji.com/joernaal/2023/7/4/louise-westerhout-lauren-brits-unclear>

February 2023 unclear (live performance and photographic exhibition) at Youngblood Gallery, Cape Town

https://ceconline.co.za/louise-westerhout-and-lauren-brits-work-unclear-is-an-articulation-of-queerness-activism-and-intimacy/?utm_campaign=later-linkinbio-cecza&utm_content=later-32736732&utm_medium=social&utm_source=linkin.bio

November 2022 unclear live theater performance, premieres at Unmute Artsability Festival, Artscape Theatre.

2018 to the present. Founder and curator of BODY POLITIC, an informal Live Art event which illuminates ways performing artists address their bodies' complicity with, or resistance to, dominant social ideologies and structures. So far the work of 61 local and international performance artists has been showcased including Lorin Sookool, Kaulana Williams, Amy Louise Wilson, Qondiswa James, Kanya Viljoen, Lungile Lallie, Genna Gardini, Lukhanyiso Skosana, Kopano Maroga. Naledi Majola, Nadine McKenzie, Themba Mbuli, Kanya Viljoen, Mikki George.

I even held Body Politic 11: transplant live on Instagram in the Stem Cell Transplant Unit in 2023.

Accessibility!!!

<https://www.instagram.com/reel/Cwng3XJKVMx/?igsh=MWJjcXBicTM0Z3lhaw==>

https://www.instagram.com/reel/CxduVrRq0i_/?igsh=MTJ5dHlpcjg5bjhrMw==

<https://louisewesterhout.com/body-politic/>

#bodypolitic1transformation #bodypolitic2pathology #bodypolitic3eros
#bodypolitic4animal #bodypolitic5immunity #bodypolitic6transmissions #bodypolitic7inside
#bodypolitic8belief #bodypolitic9more #bodypolitic10connecting #bodypolitic11transplant
#bodypolitic12family #bodypolitic13lies

December 2021 ArtsAbility Festival, Unmute (curator, artist, webinar director)

November-December 2021 performing artist at CONSTELLATIONS curated by Brett Bailey at Spier.

October 2021 EX HUMAN (film) Vrystaat Kunstefees

<https://louisewesterhout.com/ex-human/>

Review: <https://weekendspecial.co.za/ex-human-on-screen/>

July 2021 EX HUMAN (film) By Louise Westerhout and Roxanne De Freitas. Featured at National Arts Festival South Africa 2021 in Gavin Krastin's curated LIVE ART ARCADE.

June 2021 Blood and Snow Manifesto (film) Damfscentrale Festival, Bern, Switzerland.

May 2021 MURMURATIONS with Megan Choritz. 2 Meters Apart Commissioned live performance by Caroline Calburn at Theatre Arts), exploring Covid19 impact on artists and audience, grief, depression, evolution.

November 2020 Dark Cell:breathe This was to be an ongoing collaboration with Themba Mbuli and myself. Themba passed away January 18, 2021. <https://louisewesterhout.com/dark-cell/>

November 2019- ongoing ArtsAbility Festival with UNMUTE DANCE COMPANY curating, facilitating International Webinars for the Festival.

<https://www.facebook.com/share/v/ByzDzgHzVwkoVWnC/>

<https://www.facebook.com/share/v/qD7YzDzzWccCRy2u/>

<https://www.facebook.com/share/p/89E3xCYsc4FVQ7mF/>

<https://louisewesterhout.com/unmute-artsability-festival/>

September 2020 Editorial in Bubblegum Club "queering through fashion and thrift"

<https://bubblegumclub.co.za/fashion/again-preloved-clothing-x-louise-and-lauren-queering-throu-gh-fashion-thrift/>

June 2020 National Arts Festival, Main Program "Blood and Snow Manifesto" Film Artsability Festival SA 2020.

<https://louisewesterhout.com/blood-and-snow-manifesto/>

Review: <https://weekendspecial.co.za/blood-and-snow-manifesto-review/>

March 2019 selected resident artist for Institute of Creative Arts (University of Cape Town) Live Art Workshops (Pro Helvetia JHB)

2018 Feb Artist residency with ANY BODY DANCE LAB commissioned by Goethe-Institut Project Space (Germany)

2017-2018 Commissioned by "Swallowing the World" (University of Cape Town and Wellcome Trust, United Kingdom) facilitating poetry and storytelling workshops for people living with TB.

<https://louisewesterhout.com/aspiration/>

2015 Winner of the McGregor Poetry Festival Prize

2014 Co-founder of **Intermission**, a multimedia artist collaboration which participated with "Admission" Gordon Institute (now ICA) Live Arts Fest 2014.

<https://louisewesterhout.com/admission/>