

Louise Westerhout CV

<https://louisewesterhout.com/>

Louise (she/they) is a queer, disabled artist based in CapeTown, SA. They are a published poet, therapist, performance artist, curator, educator, Reiki Master, Yogi. Their work is dedicated to exploration on themes of illness, body, consciousness, post-humanism, anti-speciesism, misogyny, trauma and healing, social justice/environmental activism. They hold a BA (Hons) in African Studies /Anthropology, UCT.

Jan- Dec 2024 UJ Artist in Residence

November 2023 **unclear** live streamed performance at Infecting the City, Cape Town. ICA/UCT

May 2023 **unclear** live performance at SCAR Hair Salon.

<https://youtu.be/5L-3Q5YpCr4>

On the transgressive nature of **unclear**

<https://klyntji.com/joernaal/2023/7/4/louise-westerhout-lauren-brits-unclear>

February 2023 **unclear (live performance and photographic exhibition)** at Youngblood Gallery, CapeTown

https://ceconline.co.za/louise-westerhout-and-lauren-brits-work-unclear-is-an-articulation-of-queerness-activism-and-intimacy/?utm_campaign=later-linkinbio- cecza&utm_content=later-32736732&utm_medium=social&utm_source=linkin.bio

November 2022 **unclear live theater performance**, premieres at Unmute Artsability Festival, Artscape Theatre.

<https://youtu.be/QUo39kPobcM>

2018 to the present. Founder and curator of **BODY POLITIC**, an informal Live Art event which illuminates ways performing artists address their bodies' complicity with, or resistance to, dominant social ideologies and structures. So far the work of 61 local and international performance artists has been showcased including Tossie van Tonder, Qondiswa James, Kanya Viljoen, Lungile Lallie, Genna Gardini, Lukhanyiso Skosana, Kopano Maroga. Naledi Majola, Nadine McKenzie, Themba Mbuli, Kanya Viljoen, Mikki George.

<https://louisewesterhout.com/body-politic/>

#bodypolitic1transformation #bodypolitic2pathology #bodypolitic3eros #bodypolitic4animal
#bodypolitic5immunity #bodypolitic6transmissions #bodypolitic7inside #bodypolitic8belief
#bodypolitic9more #bodypolitic10connecting #bodypolitic11transplant

December 2021 ArtsAbility Festival, Unmute (curator,artist, webinar director)

<https://www.artscape.co.za/event/artsability-festival/>

November-December 2021 performing artist at **CONSTELLATIONS** curated by Brett Bailey at Spier.

October 2021 **EX HUMAN** Vrystaat Kunstefees

Review: <https://weekendspecial.co.za/ex-human-on-screen/>

July 2021 **EX HUMAN** (film) By Louise Westerhout and Roxanne De Freitas. Featured at National Arts Festival South Africa 2021 in Gavin Krastin's curated LIVE ART ARCADE.

Teaser: <https://vimeo.com/626756857>

Trailer for film: <https://youtu.be/ddrwM-7JsTc>

July-August 2021 **No One's Enemy, No One's Victim** Centre for Creative Arts, University of Kwa Zulu Natal. Featured poet, minute 22.10 <https://youtu.be/yO67hjHeoZo>

June 2021 **Blood and Snow Manifesto (film)** Damfscentrale Festival, Bern, Switzerland.

May 2021 **MURMURATIONS** with Megan Choritz. 2 Meters Apart Commissioned live performance by Caroline Calburn at Theatre Arts), exploring Covid19 impact on artists and audience, grief, depression, evolution.

Showreel : <https://vimeo.com/manage/videos/590134484/791655a9eb>

November 2020 **Dark Cell: breathe** This was to be an ongoing collaboration with Themba Mbuli and myself. Themba passed away January 18, 2021. Rest in peace my dear friend. I dream of our work in all the worlds. About the project, Themba writes "Breathe" depicts an intimate conversation with my therapist, Louise Westerhout, and also with myself, with the hopes of delving more deeply into the inner workings of my mind. I feel this to be an important conversation, as a black South African man especially in these troubling times."

<https://louisewesterhout.com/dark-cell/>

November 2020- ongoing **SHIFT Inclusive Arts Festival with UNMUTE DANCE COMPANY** curating, facilitating International Webinars for the Festival.

September 2020 Editorial in Bubblegum Club "**queering through fashion and thrift**"

<https://bubblegumclub.co.za/fashion/again-preloved-clothing-x-louise-and-lauren-queering-through-fashion-thrift/>

June 2020 National Arts Festival, Main Program "**Blood and Snow Manifesto**" Film

Artsability Festival SA 2020.

Private link to film: <https://youtu.be/TqiGvL7EXG0>

<https://louisewesterhout.com/blood-and-snow-manifesto/>

Review: <https://weekendspecial.co.za/blood-and-snow-manifesto-review/>

July 2020(cancelled due to Covid19 :(Belluard Bollwerk Festival, Switzerland.

Featured solo performer “**IMAGINARIUM OF THE CYBORG WITCH**” Live

performance. <https://belluard.ch/>

<https://louisewesterhout.com/the-imaginari-um-of-the-cyborg-witch/>

November 2019 **Unmute ArtsAbility Festival** (facilitator, curator and artist)

<https://louisewesterhout.com/unmute-artsability-festival/>

March 2019 selected resident artist for **Institute of Creative Arts (University of**

Cape Town) Live Art Workshops (Pro Helvetia JHB) Live performances.

How to make A Cyborg Witch, part 3: <https://youtu.be/SXmu18ie-g>

“Scale” <https://youtu.be/Kts3XR9c6Yc>

“in/access” <https://youtu.be/cJZOspdduMs>

2018 Feb Artist residency with **ANY BODY DANCE LAB** commissioned by Goethe-Institut Project Space (Germany) Live performance.

https://youtu.be/McKMWohL5_g

2017 "Louise's Miracles", (director Pam Sykes), which premiered at Encounters International Film Festival 2017.

Find film here:

<https://youtu.be/5mbwDr6NBI8>

2017-2018 Commissioned by “Swallowing the World” (University of Cape Town and Wellcome Trust, United Kingdom) facilitating poetry and storytelling workshops for people living with TB.

<https://louisewesterhout.com/aspiration/>

2017 “Blood and Snow” live poetry performance (McGregor Poetry Festival, Expressions Los Angeles, National Arts Festival Fringe

<https://youtu.be/hyHq3EybgSM>

2015 Winner of the McGregor Poetry Festival Prize

2014 Co-founder of Intermission, a multimedia artist collaboration which participated with "Admission" Gordan Institute (now ICA) Live Arts Fest 2014.

<https://louisewesterhout.com/admission/>