

## Louise Westerhout CV

<https://louisewesterhout.com/>

Louise is a queer, disabled artist based in CapeTown, SA. She is a published poet, therapist, performance artist, curator, educator, Reiki Master, Yogi. Her work is dedicated to exploration on themes of illness, body, consciousness, post-humanism, anti-speciesism, sexual abuse and misogyny, trauma and healing, social justice/environmental activism. She holds a BA (Hons) in African Studies /Anthropology, UCT.

July 2021 **EX HUMAN** (film) By Louise Westerhout and Roxanne De Freitas

Featured at National Arts Festival South Africa 2021.

<https://nationalartsfestival.co.za/show/arcade2021>

Featured at Vrystaat Kunstevees 2021

Selected by Girls in Film UK for submission to London Short Film Festival.

Trailer for film:

<https://youtu.be/ddrwM-7JsTc>

July-August 2021 **No One's Enemy, No One's Victim** Centre for Creative Arts, University of Kwa Zulu Natal. Featured poet, minute 22.10

<https://youtu.be/yO67hjHeoZo>

May 2021 **MURMURATIONS** with Megan Choritz. 2 Meters Apart Commissioned live performance. (Theatre Arts) exploring Covid19 impact on artists and audience, grief, depression, evolution.

Showreel below:

<https://vimeo.com/manage/videos/590134484/791655a9eb>

November 2020 **Dark Cell:breathe**\_This was intended to be an ongoing collaboration with Themba Mbuli and myself. Themba passed away January 18, 2021. Rest in peace my dear friend. I dream of our work in all the worlds.

About the project, Themba writes "Breathe" depicts an intimate conversation with my therapist, Louise Westerhout, and also with myself, with the hopes of delving more deeply into the inner workings of my mind. I feel this to be an important conversation, as a black South African man especially in these troubling times."

<https://louisewesterhout.com/dark-cell/>

November 2020- ongoing**SHIFT Inclusive Arts Festival with UNMUTE DANCE COMPANY** facilitating moderating, and co-ordinating International Webinars for the Festival. **Featured artist “Blood and Snow Manifesto”**.

June 2020 **National Arts Festival**, Main Program “Blood and Snow Manifesto” Film

Also featured at **IntegrArt Festival Switzerland 2021**

<https://nationalartsfestival.co.za/?s=Blood=and=snow>

Review:

<https://weekendspecial.co.za/blood-and-snow-manifesto-review/>

July 2020(cancelled due to Covid19 :( ) **Belluard Bollwerk Festival**,

Switzerland. Featured solo performer “IMAGINARIUM OF THE CYBORG

WITCH” Live performance.

<https://louisewesterhout.com/the-imaginarium-of-the-cyborg-witch/>

<https://belluard.ch/>

November 2019 **Unmute ArtsAbility Festival** (facilitator and artist)

<https://louisewesterhout.com/unmute-artsability-festival/>

March 2019 selected resident artist for **Institute of Creative Arts (University of Cape Town) Live Art Workshops** (Pro Helvetia JHB) Live performances.

How to make A Cyborg Witch, part 3:

<https://youtu.be/SXmu18ie-g>

“scale”

<https://youtu.be/Kts3XR9c6Yc>

“in/access”

<https://youtu.be/cJZOspdduMs>

2018 and ongoing (yes even during COVID19). Founder and curator of **BODY POLITIC**, an informal Live Art event which illuminates ways performing artists address their bodies' complicity with, or resistance to, dominant social ideologies and structures. So far the work of 61 local and international performance artists has been showcased including Tossie van Tonder, Qondiswa James, Kanya Viljoen, Lungile Lallie, Genna Gardini, Lukhanyiso Skosana, Kopano Maroga, Naledi Majola, Nadine McKenzie, Themba Mbuli.

<https://louisewesterhout.com/body-politic/>

#bodypolitic1transformation    #bodypolitic2pathology    #bodypolitic3eros  
#bodypolitic4animal    #bodypolitic5immunity    #bodypolitic6transmissions    #bodypolitic7inside  
#bodypolitic8belief

2018 Feb Artist residency with **ANY BODY DANCE LAB** commissioned by Goethe-Institut Project Space (Germany) Live performance.

[https://youtu.be/McKMWohl5\\_g](https://youtu.be/McKMWohl5_g)

**2017 "Louise's Miracles"**, (director Pam Sykes), which premiered at Encounters International Film Festival 2017.

Find film here:

<https://youtu.be/5mbwDr6NBI8>

**2017-2018** Commissioned by “Swallowing the World” (University of Cape Town and Wellcome Trust, United Kingdom) facilitating poetry and storytelling workshops for people living with TB.

<https://louisewesterhout.com/aspiration/>

**2017** “Blood and Snow” live poetry performance (McGregor Poetry Festival, Expressions Los Angeles, National Arts Festival Fringe)

<https://youtu.be/hyHq3EybgSM>

**2015** Winner of the McGregor Poetry Festival Prize

**2014** Co-founder of Intermission, a multimedia artist collaboration which participated with "Admission" in the Gordan Institute (now ICA) Live Arts Fest 2014.

<https://louisewesterhout.com/admission/>

**2013 September** "the artist is dead" Tagores Jazz Festival tribute to John Coltrane